

## **Practical No. - 8**

# **To list habits of members of your family and neighbours which degrade the environment and suggest ways to conserve it**

### **Aim**

To list the habits of your family members and neighbours which are instrumental in degrading the environment.

### **Introduction**

You have learnt in Book 2 of your course that overpopulation, technical advancement, poor farm practices, improper personal habits and natural causes lead to environmental degradation. This in turn affects us in many ways, such as it results in diseases, slum conditions, extinction of wild life, soil erosion, deforestation, depletion of ozone layer, acid rain etc.

To improve this environment few efforts are required on the part of every individual.

### **Requirements**

Individuals (family members and few neighbours) whose habits are to be studied.

### **Procedure**

Important information regarding family members and neighbours.

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**Family Members**

S.No.	Name of family member	Age (yrs.)	Sex	Occupation	Relation to self
1					
2					
3					
4					

**Neighbours**

S. No.	Name of neighbour	Age (yrs.)	Sex	Occupation
5				
6				
7				

After collecting this information prepare a checklist of the habits which are instrumental in degrading the environment and observe which of the above individuals follow these habits.

A sample checklist has been given on the following page. Put a tick mark (✓) against the S. No. of each of the individual who follows the said practice.

Habits	Sr. No. of Persons						
	1	2	3	4	5	6	7
1. Plucks flowers from public park							
2. Avoids walking on the path in the garden and walks on the grass or flower bed							
3. Eating and throwing the peels, wrappers etc. in the garden and not in the dust bin							
4. Spitting on the road							
5. Throwing garbage on the road							
6. Urinating on the road side							
7. Holding functions at public parks and not cleaning the mess after the function							
8. Scrapping the bark of trees to write messages							
9. Collecting leaves and garbage and burning it							
10. Bathing self/animals near the water source (public tap, well, pond, hand pump, etc.)							
11. Washing clothes near the water source (public tap, well, pond, hand pump, etc.)							
12. Playing loud music							
13. Burning coal, chulha (inside the house for heating purposes)							
14. Smoking							
15. Throwing garbage out of the train/car							
16. Defecating in the open							
17. Cutting trees for firewood.							
18. Any other							
19. Any other							
20. Any other							

**RESULT**

Suggest at least one way by which you can help the individuals to avoid all the above malpractices and thereby conserve the environment.