

Practical No. - 12

To develop a questionnaire to study a family's efforts in helping an adolescent achieve the developmental tasks

Aim

To develop a questionnaire to study a family's efforts in helping an adolescent achieve the developmental tasks.

Introduction

Adolescence is the period of development between childhood and adulthood. As expected, the adolescent is ready to assume an adult role in the society. During the adolescent period, there is a rapid physical sexual growth and maturation. Parent and other family member play an important role during this time. They should interact and need to talk to adolescents and explain them about the changes that are taking place.

There are certain developments in different area that occur during adolescence. These developments have an important impact on the emotional development of a adolescent. Turn to Book 3, lesson II, regarding the developmental tasks during adolescence. Now let us study what is family efforts in helping an adolescent achieving the development tasks

For this go to any 5 families who have adolescent children and try to find out the following.

1. As a growing person, does your adolescent at times feel uncomfortable about his development if yes, what role does your family play.
 - Do they often talk to the adolescent child
 - Do the family members snub the child
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- Do they make fun of the child
 - Do the family members/elders provide reading material to the child so as to increase his awareness and hence acceptance.
2. If the child wants to have friendship with the members of opposite sex. What is the family's reaction.
- Do they encourage him/her
 - Do they discourage him/her
 - Do they talk about it
3. Is the child given any responsibility at home.
If yes, then what _____
4. As a parent, are you aware of your child's particular interests in academics or any other area.

5. Has the child ever discussed the future plans
Yes,
No.
If No, then with whom has he discussed
6. When the child has a problem, what does he do
- Discusses with family members
 - Discusses with father
 - Discusses with mother
 - Solves on his own.
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